



## Head C&I speak

**FEELING** privileged to connecting APNRL family through 'Nav Urja.' As we are aware, the COVID19 situation has evolved further and we are dealing with a significant global challenge and uneasiness everywhere. The sectorial growth has severely hampered due to prevailing pandemic situation.

I appreciate the effort made by all dedicated team members & employees of Adhunik Power & Natural Resources Limited to unite in managing all difficult situation/tasks in this competitive environment effectively.

We stayed strong in this difficult situation like before and move ahead to face and overcome the challenges. We are proud and inspired by the way our company has been fighting to this challenge with resilience, courage and a caring heart.

I also request all APNRL family members to follow and implement safety measures at your workplace to ensure Safety of self & others by provide helping hand to colleagues.

Last but not the least, we must take a pledge to lead our Plant with our capacity and try to make all the functions of the APNRL high standard.

***"Not to get lost in a maze of setbacks but learn to remain steadfast in resolving issues"*** is the work philosophy."

Thank you so very much!

**Ajay Manohar Bangde**  
Head (C&I)

# Honour to Greenery



The members of APNRL horticulture team comprising 30 women and team leader Mr. Kalipado Sardar were praised and felicitated on the occasion of 73<sup>rd</sup> Republic Day. The horticulture team has worked outstandingly well to beautifying the company lawn areas which was highly praised by the APNRL Management.

APNRL Director Mr. Prakash Tiwari and COO Mr. Rakesh Gupta honoured the entire team members for their work execution.

## Health care session

### Cardiac Care Session

**Adhunik Power & Natural Resources Limited** in association with Brahmananda Narayana Multispecialty Hospital have organized one-day cardiac care session for employees. The renowned heart specialist Dr. Mukesh Kumar took the valuable session and share many useful information regarding heart disease and its care.

Dr. Mukesh informed that people may keep their heart healthy and fit if they care their daily routine activities in a disciplined way. He emphasized that avoiding oily and junk foods will help to keep heart healthy and young. He also answered many questions raised by the employees and cleared their doubts during the session.

He also shared some bitter truth and fact about heart care saying that increasingly, India is seen as the heart disease capital of the world. Heart disease is the leading cause of death in India.

It is estimated that roughly one-fifth of the deaths in India are from coronary heart diseases, it will account for roughly one-third of all deaths.

## Avoid junk foods to keep heart healthy: Dr. Mukesh



Unfortunately, most of these deaths could be because of an early onset of access to healthcare in large parts of the country.

Heart-related ailments due to our changing lifestyles, eating habits and limited access to healthcare in large parts of the country.

## HIV Awareness: End inequalities, End AIDS, End Pandemic



A **SYMPOSIUM** was organized to make aware of HIV disease. Adhunik Power & Natural Resources Limited in support with Jharkhand State AIDS Control Society (JSACS), Ranchi organised this awareness from for its employees. The objective of the programme was to raise awareness of the global AIDS epidemic, prevention and control strategy.

Dr. Debashish Chakraborty, Dy. Director, JSACS, Ranchi explained in detail that Human Immunodeficiency Virus (HIV), weakens our immune system by destroying vital cells that fight disease and infection. Over the time, HIV

can destroy so many of our T-cells or CD4 cells, which are an important part of your immune system that our body cannot longer fight of infection and disease. AIDS is the advance stage of HIV infection. HIV is found in specific human body fluids. People can be infected with HIV if any of the infected fluids enter in human body.

Altogether 30 APNRL officials participated from different departments including Mr. M N Singh, Head (O&M), Dr. G P Murmu (Head-Medical Services), Mr. Sanjeet Kumar Sinha of CSR department.

# R-Day celebration: 3 Initiatives

## Digital Literacy, Organic Farming & Booster Dose

**Adhunik Power & Natural Resources Limited** is all set to make digital literate to the villagers of vicinity villages and simultaneously organic farming and COVID19 booster dose for the aged villagers is also there in cards. This announcement was made on the day of 73rd Republic Day celebration at the company premises here on 26<sup>th</sup> January.

The company management announced that they are very much keen and geared-up for the good health of villagers and upliftment of peripheral villages.

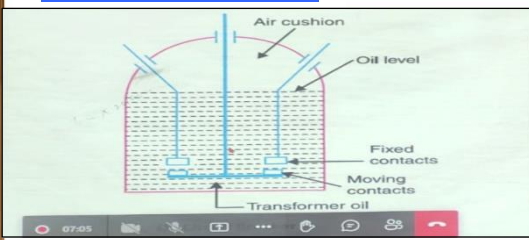
Mr. Prakash Tiwari, Director, Chief Guest of republic day at Plant Site has hoisted the national flag.

Flag hoisting has followed by national anthem and spectacular parade, performed by company security personnel. Chief Guest Mr. Prakash Tiwari emphasized on the development of the villages of company vicinity.

The power generation company has also felicitated employees who excelled in their respective fields. Later on Guest of honour, Mr. Rakesh Gupta, COO of the company thanked the gathering for a joyful republic day celebration.



## Train to Gain



### Webinar on HT switchgear & C&I

There were two training held at plant site: The First Webinar was organized on HT switchgear taken by Mr. Shashi Om Katiyar, Ex- AGM NTPC. It was for electrical department as this was attended by three participants, Mr. Mohan Sundaram, Mr. Anil from electrical and Mr. Krishna Raj Shail joined the program as co-ordinator.

While the other training program was for C&I engineers wherein Mr. Prakash Singh, Mr. Subham and Mr. Ashish attended the webinar and gained knowledge.

Webinar was on Basics of Process Measurement held on 22<sup>nd</sup> December 2021. Faculty for this program was Mr. B Pujar Ramesh, ex- General Manager NTPC.



### BOOSTER DOSE

APNRL is look forward to organize COVID19 booster vaccination dose camp for the beneficiary of both doses (Covaxin & Covishield).

APNRL CSR department has already started the preparation for the camp in this connection as a prescribed format has been provided to the HoDs' of the various department. Camp is expected sometime in month of March-2022.



### FEBRUARY BIRTHDAY OF EMPLOYEES

APNRL wish you a very **HAPPY BIRTHDAY**. May God bless you all with good health & prosperity and your sincerity & hard work result in greater success for you.

Sl. No.	Name	Code	Date
1	Mr. Ram Hembrom	302672	01.02.1997
2	Mr. Ajay Kumar	300059	02.02.1985
3	Mr. Jaspal Singh	300037	02.02.1987
4	Mr. Arvind Kumar Shrivastava	302557	02.02.1990
5	Mr. Arun Mahato	302223	03.02.1969
6	Mr. Manik Singh Sardar	302645	03.02.1988
7	Mr. Sunil Kumar Tudu	302615	03.02.1991
8	Mr. Chhotray Majhi	302620	03.02.1993
9	Mr. Birendranath Baskey	302540	04.02.1971
10	Mr. Ruhi Ram Majhi	302506	05.02.1978
11	Mr. Mahendra Mahto	302841	06.02.1993
12	Mr. Gopal Hembrom	302527	06.02.1996
13	Mr. Tapan Kumar Mahato	302519	07.02.1992
14	Mr. Sanjay Kumar	302880	08.02.1980
15	Mr. Suresh Singh	302759	10.02.1965
16	Mr. Rakesh Kumar Verma	302940	10.02.1984
17	Mr. Budhram Baskey	302386	10.02.1989
18	Mr. Ramesh Choudhary	302102	11.02.1985
19	Mr. Suku Majhi	302666	11.02.1991
20	Mr. Pradeep Kr. Shrivastava	302068	12.02.1974
21	Mr. Suku Murmu	302521	12.02.1987
22	Mr. Munna Kumar Singh	302642	14.02.1984
23	Mr. Dipu Kumar Shrivastava	302160	15.02.1968
24	Mr. Umesh Tudu	302534	15.02.1985
25	Mr. Abhinav Srivastava	302844	15.02.1987
26	Mr. Mritunjay Yadav	302836	15.02.1990
27	Mr. Prasun Kumar Singh	302934	15.02.1991
28	Mr. Lagoo Sohish	302816	17.02.1970
29	Mr. Gautam Seth	302729	17.02.1972
30	Mr. Arjun Singh	302177	20.02.1959
31	Mr. Baijnath Mardi	302679	20.02.1983
32	Mr. Bhanu Pratap Patel	302589	20.02.1990
33	Mr. Dilip Kumar	302926	25.02.1992

For any information, suggestion & feedback mail to:

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